

Make Parenting a Pleasure

For Parents of Children
Newborn to 8 years

- Discover ways to manage stress.
- Learn about child development.
- Build your toolkit for positive discipline.

No Cost



**Lunch and childcare provided!
And a book too!**

Call or scan
to register



Wednesdays
June 3 -
August 5 2026

12pm to
1:30pm

541-389-5468
Option 2

In person at

FAMILY RESOURCE CENTER

of Central Oregon

2500 NE Twin Knolls Drive. Bend, OR



Katie

I am passionate about giving children, youth, and adults spaces to grow and thrive in their own powerful ways. I love creating spaces where all are seen, heard, understood, accepted, valued, and appreciated

