## **Circle of Security**

For Parents with children birth-5 years



Support My Exploration

*Imagine* what it might feel like if you were able to make sense of what your child was really asking from you.

*Help* your child feel safe, regulate their emotions, and build their self-esteem. **When:** Wednesday's 5:30-7:30 PM Feb. 22, 2023-April 19, 2023

Where: Oregon Child Development Coalition (OCDC) 659 NE A St, Madras **Cost:** Free

To reserve your space: **541-389-5468** option 2

Childcare & Food Provided!





of Central Oregon

FAMILY RESOURCE CENTER

need you