

Circle of Security

For parents with children birth-5 years old

Learn how to help your child feel safe, regulate their emotions, and build their self-esteem.



No cost registration

**541-389-5468
option 2**

**Dinner and Childcare
Provided!**

In person at



**Wednesdays
Mar 5, 2025-
April 23, 2025**



5:30-7:30pm



**Family Resource Center
2500 NE Twin Knolls Dr.
Bend, OR Suite 130**



Brandi brings out the best in others, she listens without judgment, sees, and nurtures positive perspectives.



FAMILY RESOURCE CENTER
of Central Oregon

