Childcare, Dinner, & Book Included!

For Parents of Children Newborn to 8 years

Discover ways to manage stress.

APla

lake Pare

- Learn about child development.
- Build your toolkit for positive discipline.

Wednesday's April 3rd to June 5th, 2024 5:30-7:30PM



Family Resource Center
2500 NE Twin Knolls Dr
Bend, Suite 130

DURCE

of Central Oregon

## No cost registration 🗘 541-389-5468



Brandi Borton

Professionally and personally – Brandi brings out the best in others and gives the best she has. By nature, she listens without judgment, sees, and nurtures positive perspectives and enables others to do the same for themselves. Her journey as a parent of two has proven to be an extremely powerful source of hope, compassion, and insight.