

Make Parenting a Pleasure

**For Parents of
Children
Newborn to 8
years**

- **Discover ways to manage stress.**
- **Learn about child development.**
- **Build your toolkit for positive discipline.**

No Cost

**Dinner and childcare provided!
And a book too!**



SCAN ME!



Wednesdays

**September 16 -
November 18, 2026**

**5:30 to
7:30pm**

**541-389-5468
Option 2**

In person at

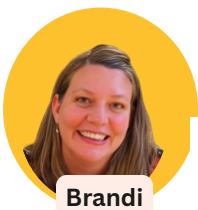
Call or scan to register

FAMILY RESOURCE CENTER

of Central Oregon

2500 NE Twin Knolls Drive. Bend, OR

Brandi brings out the best in others, she listens without judgment, sees, and nurtures positive perspectives.



Brandi

