



Circle of Security

For Parents with children birth-5 years

Imagine what it might feel like if you were able to make sense of what your child was really asking from you.



Learn how to help your child feel safe, regulate their emotions, and build their self-esteem.



Beginning Monday
Sept. 16 - Nov. 4, 2024

5:30-7:30pm
ZOOM



No cost
registration

 **541-389-5468**

FAMILY RESOURCE CENTER

of Central Oregon



I am passionate about giving children, youth, and adults spaces to grow and thrive in their own powerful ways. I love creating spaces where all are seen, heard, understood, accepted, valued, and appreciated



Katie



Brandi

Brandi brings out the best in others, she listens without judgment, sees, and nurtures positive perspectives. Her journey as a parent of two has proven to be an extremely powerful source of hope, compassion, and insight.